



FOR IMMEDIATE RELEASE

September 29, 2022

## PENGUINS ANNOUNCE 2022 TRAINING CAMP SCHEDULE

*Wilkes-Barre/Scranton Penguins training camp to begin Saturday Oct. 1 at the Toyota SportsPlex*

**WILKES-BARRE, Pa.** – The Wilkes-Barre/Scranton Penguins will begin their training camp for the 2022-23 season on Saturday, Oct. 1. Training camp will consist of seven scheduled practices and four exhibition games.

Most practices will be held at the Toyota SportsPlex and split between two groups. These practices will be open to the public and media alike. Media will have the opportunity to speak with players no later than 15 minutes after the first healthy player leaves the ice at the end of a given practice. Coaches will not speak until the conclusion of the second practice.

Wilkes-Barre/Scranton’s lone training camp practice at Mohegan Sun Arena at Casey Plaza (Oct. 4) will be open to the media, but closed to the public.

The Penguins’ training camp schedule is as follows:

DATE		TIME	LOCATION
Saturday, Oct. 1	Practice	10:00 - 11:55 a.m.	Toyota SportsPlex
Sunday, Oct. 2	Practice	10:00 - 11:55 a.m.	Toyota SportsPlex
Monday, Oct. 3	Group 1 Practice	10:00 - 11:15 a.m.	Toyota SportsPlex
	Group 2 Practice	11:45 a.m. - 1:00 p.m.	
Tuesday, Oct. 4	Group 1 Practice	10:00 - 10:45 a.m.	Mohegan Sun Arena
	Group 1 vs. 2 Scrimmage	11:00 - 11:45 a.m.	
	Group 2 Practice	12:05 - 12:50 p.m.	
Wednesday, Oct. 5	<b>Preseason Game</b>	<b>vs. Hershey, 10:35 a.m.</b>	<b>Mohegan Sun Arena</b>
Thursday, Oct. 6	Practice	10:15 - 11:30 a.m.	Toyota SportsPlex
Friday, Oct. 7	<b>Preseason Game</b>	<b>vs. Lehigh Valley, 7:05 p.m.</b>	<b>Mohegan Sun Arena</b>
Saturday, Oct. 8	Practice	11:15 a.m. - 12:30 p.m.	Toyota SportsPlex
Sunday, Oct. 9	<b>Preseason Game</b>	<b>at Hershey, 5:00 p.m.</b>	<b>Giant Center</b>
Monday, Oct. 10	DAY OFF		
Tuesday, Oct. 11	Practice	TBD	Toyota SportsPlex
Wednesday, Oct. 12	<b>Preseason Game</b>	<b>at Lehigh Valley, 7:05 p.m.</b>	<b>PPL Center</b>

All practice times are subject to change.

Season-ticket packages for Wilkes-Barre/Scranton’s 2022-23 regular season are on sale now. [Full-Season, 22-game, 12-game, Flexbook](#) and [Premium Seating](#) plans are available by reaching out to the Penguins directly at (570) 208-7367. Individual-game tickets are also available by visiting [Ticketmaster.com](#), the Mohegan Sun Arena Box Office, or calling the Penguins’ front office at (570) 208-7367.